



Supporting our Wounded  
Warriors and their  
families

## CHRISTMAS WISH LIST

### #1 – STUFF A STOCKING FOR A WOUNDED WARRIOR!

Bring cheer to our Wounded Warriors at Christmas by donating gifts, gadgets, and goodies!

Hand held games	Christmas candy - individually wrapped
XBOX Games- Sports	Gum
Wii Games – Sports	Fudge
Music CDs	Popcorn
DVD's	Nuts / Trail Mix
Disposable camera	Protein Bars
Note / Christmas Cards	Beef Jerky
Postage stamps	Fruit – fresh/dehydrated
Telephone Calling Cards	Canned fruit or pudding cups
Movie certificate	Christmas decorations - small
Restaurant certificates	
Gift Cards – Best Buy, Wal-Mart, etc	



Please deliver stocking-stuffer donations to drop off locations by **November 24<sup>th</sup>**

South Contact: Theresa Roberts - [terrie36@hotmail.com](mailto:terrie36@hotmail.com)

North Contact: Jenn Whitney – [jenn@heartbeatforwarriors.org](mailto:jenn@heartbeatforwarriors.org)

**We do not need any stockings. We need the items on the list. Our Christmas Stockings are handmade by Project Linus in Everett. These stockings are X-large and hold lots of goodies!!**

For other drop off locations, or to make online donations, visit [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org).

Gift cards and monetary donations may be mailed to  
Heartbeat, P.O. Box 704, Snohomish, WA 98291.

Thank You!

### #2 – GIFT CARDS FOR GROCERISES (THANKSGIVING/CHRISTMAS)

### #3 – MONETARY DONATIONS

**#4 – SHOP ONLINE – Go to [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org) where you will find a link to Dollar Days and our list. You can shop online, get a tax receipt and all the items will be shipped to our head quarters.**

*The holidays are a difficult and lonely time for Wounded Warriors and their families when they have a loved one far away.*

A gift card for groceries (Safeway, Wal-Mart) allows a military family to purchase their favorite items so they can enjoy their holiday traditions, bringing comfort that they are not alone. It will send a huge message of comfort to the Wounded Warriors and their families too!

**Please help us tell these families how much we care and appreciate their sacrifice**

**"At Heartbeat, we provide emergency assistance, morale building, and innovative therapeutic services for wounded warriors and their families." Heartbeat is a 501c3 Non-Profit.**